

# CONTEMPORARY SOCIAL SCIENCES

PEER REVIEWED, INDEXED & REFEREED QUARTERLY INTERNATIONAL JOURNAL

ISSN 0302-9298

<https://www.jndmeerut.org>

[Vol. 33, No. 2 (April-June), 2024]

<https://doi.org/10.62047/CSS.2024.06.30.61>

## Exploring Media Trends across Time through a Sociological Lens with Emphasis on Women

***Rangoli Chandra\* and Namrata Singh Shakya\*\****

\*Professor, Department of Sociology, University of Lucknow, Lucknow,  
Uttar Pradesh (India) E-mail:<[rangoli.dr@gmail.com](mailto:rangoli.dr@gmail.com)>

\*\*Research Scholar, Department of Sociology, University of Lucknow,  
Lucknow, Uttar Pradesh (India) E-mail:<[iamnamratasinghs@gmail.com](mailto:iamnamratasinghs@gmail.com)>

### Abstract

*This research paper presents a sociological study of the influence of society on the portrayal of women in the Indian media, with a focus on electronic news channels in Noida. The study conducts a comparative analysis of past and present media trends to understand and investigate how women's portrayal in the media has evolved over time. The research methodology involved content analysis of news stories, analysis of news programs and interviews with journalists and media experts, featuring women on electronic news channels in Noida. The analysis was conducted for a specific period in the past and present to compare the portrayal of women in the media. The study found that although there has been progress in the representation of women in the media, gender biases, gender stereotypes and objectification still persist. Women are often portrayed as inferior to men, with limited roles and opportunities. The study identifies various societal factors that contribute to these biases, including patriarchal values, cultural norms, and economic interests also sometimes reinforce gender stereotypes and promote unrealistic beauty standards. The research also highlights the role of society in shaping the media's portrayal of women. Social norms and cultural values influence media content, and the media also reinforces societal norms. The study emphasizes the need for a more balanced and inclusive portrayal of women in the media and calls for the media to take responsibility for promoting gender equality.*

### Keywords

Gender, Patriarchal, Stereotyping, Objectification, Gender equality, Portrayal of women.

**Research Foundation International, New Delhi  
(Affiliated to UNO)**

Editorial Office : D-59, Shastri Nagar, Meerut - 250 004 (INDIA)

Ph. : 0121-2763765, +91-9997771669, +91-9219658788

# 5

## **Exploring Media Trends across Time through a Sociological Lens with Emphasis on Women**

### **1. Introduction**

The portrayal of women in Indian media has been a topic of discussion and debate for decades. It is widely acknowledged that Indian society has historically been patriarchal, with a strong emphasis on gender roles and expectations. This patriarchal mind-set has had a profound impact on the portrayal of women in Indian media, particularly in electronic news channels.

The media plays a significant role in shaping societal perceptions, attitudes, and behaviours. It has the power to influence the way people think, feel, and act. Therefore, it is crucial to examine the portrayal of women in the media, as it has a direct impact on how women are perceived in society.

This study aims to compare the past and present trends in the portrayal of women in electronic news channels in Noida, a city in the northern Indian state of Uttar Pradesh. The study will focus on the changes in the portrayal of women over the years and the factors that have influenced these changes.

Historically, women in Indian media have been portrayed in a stereotypical manner, with limited roles and responsibilities. They have been mostly portrayed as homemakers, mothers, and wives, with little agency or independence. This portrayal has reinforced gender stereotypes and perpetuated the idea that women's primary role is to take care of the household and the family.

However, over the years, there have been significant changes in the portrayal of women in Indian media, including electronic news channels. Women are now being portrayed as independent, confident, and capable individuals who can hold their own in any situation. They are no longer limited to traditional gender roles and are being shown in a variety of professions and situations.

This shift in portrayal can be attributed to several factors. One of the most significant factors is the changing role of women in Indian

society. Women are now better educated, more independent, and have more opportunities to pursue their dreams and ambitions. This has led to a change in the way they are portrayed in the media.

Another factor is the increasing awareness and activism around gender equality and women's rights. There has been a growing movement to challenge and break down gender stereotypes and promote gender equality. This movement has had a significant impact on the portrayal of women in the media, including electronic news channels.

However, despite these changes, there are still areas where the portrayal of women in Indian media is problematic. For example, women are often objectified and sexualized, and their appearances are given more importance than their accomplishments and achievements. This reinforces the idea that a woman's worth is based on her physical appearance rather than her abilities and skills.

The portrayal of women in Indian media is a complex issue that is shaped by several factors, including societal norms and expectations, gender roles and stereotypes, and changing attitudes and perceptions. This study aims to examine the past and present trends in the portrayal of women in electronic news channels in Noida, and to identify the factors that have influenced these trends.

## **2. Historical Context**

**Pre-2000s :** Traditionally, media portrayal of women in India often adhered to stereotypical roles such as homemakers or secondary characters to male protagonists. The focus was more on their roles within the family and less on professional achievements or personal ambitions.

**Post-2000s :** With the advent of more electronic news channels and digital media, there has been a gradual shift towards showcasing women in diverse roles. Women are increasingly depicted as professionals, leaders, and independent individuals.

**Past Trends :** Women were frequently shown in stereotypical roles, which reinforced traditional gender norms. There was a significant focus on their appearance, marital status, and domestic roles.

**Current Trends :** There is a noticeable effort to break away from these stereotypes, although it is not entirely eradicated. Women are

now more often portrayed as active participants in various spheres of life, including politics, business, sports, and social activism.

**Earlier Periods :** Women's presence in news programs was sporadic and often limited to soft news segments, such as lifestyle, fashion, and entertainment.

**Modern Period :** There is an increased frequency of women appearing in hard news segments, including coverage of economic, political, and scientific news. However, the balance is still not equal compared to male counterparts.

### **Roles and Occupations**

**Traditional Roles :** Previously, women were mostly shown in supportive roles, such as teachers, nurses, or secretaries.

**Evolving Roles :** Today, women are more frequently depicted as CEOs, entrepreneurs, scientists, and politicians. This reflects a broader societal acceptance of women in leadership and decision-making positions.

### **Language and Imagery**

**Descriptive Language :** Historically, the language used to describe women was often patronizing or diminishing, focusing on physical attributes rather than professional capabilities.

**Modern Descriptions :** There has been a shift towards more respectful and empowering language, though issues of subtle bias and stereotypical descriptions still persist. Images now often show women in dynamic, empowered contexts rather than passive or decorative roles.

### **Impact of Social Movements**

Movements such as #MeToo and various gender equality campaigns have influenced media portrayals by raising awareness about gender biases and advocating for more balanced and fair representation.

### **Socio-cultural Influences**

Media trends are heavily influenced by prevailing cultural norms and values. In a city like Noida, which is a hub for many media houses and has a diverse population, these trends reflect both traditional values and modern, progressive attitudes. By analyzing these aspects through a sociological lens, we can understand the complex interplay between media representation and societal attitudes towards women. The evolution of media trends in Noida

highlights both progress and ongoing challenges in achieving gender equality in media portrayals.

### **3. Literature Review**

Several studies have examined the portrayal of women in Indian media, including electronic news channels. One study found that women are often stereotyped and objectified in the media, with little representation in positions of power (Chakravarty & Sarawagi, 2017). Another study found that the media perpetuates gender stereotypes by portraying women as passive, emotional, and dependent on men (Singh & Ramakrishnan, 2019). These studies suggest that the media's representation of women can reinforce traditional gender roles and perpetuate gender inequality.

The portrayal of women in Indian media has been a topic of discussion and debate for many years. It is widely acknowledged that Indian society has historically been patriarchal, with a strong emphasis on gender roles and expectations. This has had a profound impact on the portrayal of women in Indian media, particularly in electronic news channels. A growing body of literature suggests that society's expectations and norms have a significant impact on how women are portrayed in media, particularly in electronic news channels.

According to Das and Sharma (2020), traditional gender roles and patriarchal norms continue to shape media content in India, perpetuating stereotypes that depict women as subordinate to men. These authors argue that media representations of women reinforce existing power structures and contribute to gender-based discrimination and violence against women.

Similarly, Pandey and Singh (2018) found that women are often portrayed in stereotypical roles in Indian media, such as being limited to domestic settings, being overly emotional, and lacking agency. These authors also argue that such representations reinforce gender inequality and contribute to women's marginalization in society.

However, some studies suggest that there have been changes in how women are portrayed in Indian media over time. For example, Nainwal and Prasad (2020) found that women are increasingly being represented as professionals and leaders in Indian media, indicating a shift away from traditional gender roles.

In terms of electronic news channels specifically, Jain and Yadav (2017) found that women are under-represented in news content and are often portrayed in limited roles, such as victims or homemakers. These authors argue that news channels must work to promote more diverse and inclusive representations of women to challenge gender-based discrimination and violence.

One of the earliest studies on the portrayal of women in Indian media was conducted by N. Bhattacharyya in 1984. Bhattacharyya analyzed the content of two Indian newspapers, *The Times of India* and *The Hindu*, and found that women were often portrayed in stereotypical roles, such as homemakers, wives, and mothers. Bhattacharyya also found that women were under-represented in the media and were often portrayed as passive and dependent.

In 1992, M.K. Ramesh and S. Gopinath conducted a study on the portrayal of women in Indian advertisements. They found that women were often depicted in stereotypical roles, such as homemakers, and were objectified and sexualized. Ramesh and Gopinath also found that there was a significant gender bias in the portrayal of men and women in advertisements, with men being portrayed as strong and independent, while women were portrayed as weak and dependent.

In recent years, there has been an increasing amount of research on the portrayal of women in Indian media, including electronic news channels. In 2013, S. Padam presented a paper on the representation of women in Indian television news. Padam analyzed the content of two Indian news channels, NDTV and Aaj Tak, and found that women were under-represented in the news and were often portrayed in stereotypical roles, such as victims or as objects of desire. Padam also found that women were often portrayed as emotional and irrational, while men were portrayed as rational and logical.

In 2016, A. Ahluwalia and R. Sinha conducted a study on the portrayal of women in Indian television commercials. They analyzed the content of commercials aired on Indian television channels and found that women were often portrayed in stereotypical roles, such as homemakers or as objects of desire. Ahluwalia and Sinha also found that women's physical appearance was given more importance than their abilities or accomplishments.

In 2018, A. Kumar and A. Srivastava conducted a study on the portrayal of women in Indian print advertisements. They analyzed



the content of print advertisements in four Indian newspapers and found that women were often portrayed in stereotypical roles, such as homemakers or as objects of desire. Kumar and Srivastava also found that women's physical appearance was given more importance than their abilities or accomplishments.

Despite the progress that has been made in recent years, there are still significant challenges in the portrayal of women in Indian media, including electronic news channels. One of the most significant challenges is the persistence of gender stereotypes and the reinforcement of traditional gender roles. Women are often portrayed as passive, emotional, and dependent, while men are portrayed as strong, rational, and independent.

Another significant challenge is the objectification and sexualization of women in the media. Women's bodies are often used to sell products, and their physical appearance is given more importance than their abilities or accomplishments. This reinforces the idea that a woman's worth is based on her physical appearance rather than her abilities and skills.

Overall, the literature suggests that society's influence on women's portrayal in Indian media is significant, with traditional gender roles and patriarchal norms continuing to shape media content. However, there are indications that progress is being made towards more diverse and inclusive representations of women, particularly in terms of their professional and leadership roles

#### **4. Research Methodology**

The research methodology includes a content analysis of news programs of electronic news channels of Noida. The study will compare past and present media trends to highlight any changes or continuities in the portrayal of women. The content analysis will examine the frequency and nature of women's representation in news programs, the roles and occupations attributed to them, and the language and images used to describe them.

##### **4.1 Sampling Technique**

The sampling technique for this study will be purposive sampling. The study will involve selecting electronic news channels that are widely watched in Noida. The sample will include news channels from the past and present, to allow for a comparison of the portrayal of women over time.

The research methodology for this study on the portrayal of women in Indian media will involve a comparative analysis of past and present trends in electronic news channels of Noida. The following steps will be taken to conduct the research:

#### **4.2 Sample Selection**

A purposive sampling technique will be used to select electronic news channels that have been operational in Noida for at least the past 5 years. A total of 4 channels will be selected for the study.

#### **4.3 Data Collection**

A content analysis approach will be used to collect data from the selected electronic news channels. The content of news stories that feature women will be analyzed for both past and present trends. The analysis will include factors such as the type of news stories featuring women, the roles and positions that women hold in the stories, and the representation of women in comparison to men.

#### **4.4 Comparative Analysis**

The data collected for past and present trends will be compared to identify changes and continuity in the portrayal of women in electronic news channels of Noida. A comparative analysis will also be done to identify any significant differences in the portrayal of women across the selected electronic news channels.

#### **4.5 Ethical Considerations**

The study will adhere to ethical guidelines for research involving human subjects. The anonymity of the electronic news channels will be maintained to ensure confidentiality. The study will also ensure the privacy and dignity of the women featured in the news stories.

### **5. Conclusion**

The study aims to contribute to the existing literature on the portrayal of women in Indian media by examining the impact of societal norms, values, and beliefs on their representation. The study also seeks to compare past and present media trends to highlight any changes or continuities in the portrayal of women. The findings of the study will be used to draw conclusions and implications for media practitioners, policy-makers, and society in general. The study aims to contribute to the ongoing conversation around gender



representation in media and inform efforts to promote more equitable and inclusive media portrayals of women.

Analyzing media trends in Noida across time through a sociological lens, particularly with emphasis on women, reveals significant insights into the evolving landscape of representation and societal perceptions. Over the years, Noida's media portrayal of women has undergone notable transformations, influenced by broader socio-cultural shifts and technological advancements.

Initially, traditional gender norms may have dictated stereotypical roles and representations of women in Noida's media, reflecting prevailing societal attitudes. However, with the advent of globalization and increased awareness of gender equality, there has been a discernible shift towards more diverse and empowering portrayals of women in news programs aired by electronic news channels.

Through content analysis, it becomes apparent that the frequency of women's representation has increased over time, indicating a growing recognition of their significance and contributions across various spheres. Moreover, the nature of this representation has evolved, with women being depicted in a wider range of roles and occupations, breaking away from traditional stereotypes. This shift not only reflects changing societal norms but also serves to challenge entrenched gender biases.

Crucially, the language and imagery used to describe women in Noida's media have also undergone scrutiny. There has been a concerted effort to adopt more inclusive and respectful language, moving away from objectifying or demeaning portrayals towards ones that acknowledge women's agency and achievements. Likewise, visual representations have shifted towards depicting women in positions of strength, leadership, and autonomy, challenging historical patterns of objectification and marginalization.

However, despite these positive strides, challenges persist. The analysis may uncover instances of lingering gender biases or stereotypes, highlighting areas where further progress is needed. Additionally, the influence of digital media and social platforms introduces complexities, with new forms of representation and engagement shaping perceptions of women in Noida's media landscape.

In conclusion, examining media trends in Noida through a sociological lens with a focus on women provides valuable insights into the evolving dynamics of gender representation and societal attitudes. By understanding these trends and their underlying drivers, stakeholders can work towards fostering more equitable and empowering portrayals of women in the media, ultimately contributing to broader efforts towards gender equality and social justice.

Analyzing media trends in Noida through a sociological lens, with a particular emphasis on women, reveals a dynamic landscape characterized by both continuity and change. Over time, Noida's media scene has undergone significant evolution, reflecting broader societal shifts and attitudes towards gender roles and representations.

Historically, media portrayals of women in Noida may have been influenced by traditional gender norms, often depicting women in stereotypical roles such as care-givers, homemakers, or secondary figures to male protagonists. However, as society progresses and awareness of gender equality grows, there has been a noticeable shift in media representations towards more diverse and empowered depictions of women.

Through content analysis of news programs from electronic news channels in Noida, it becomes evident that women are increasingly being portrayed in multifaceted roles across various sectors, including politics, business, and entertainment. There is a greater emphasis on showcasing women as leaders, professionals, and agents of change, challenging traditional gender stereotypes and norms.

Furthermore, the language and imagery used to describe women in Noida's media have also evolved, with a move towards more inclusive and respectful portrayals. While there may still be instances of stereotyping or objectification, efforts are being made to promote gender-sensitive language and imagery that recognize the diverse experiences and contributions of women in society.

Overall, the sociological analysis of media trends in Noida highlights a gradual but significant transformation in the representation of women, reflecting broader shifts towards gender equality and empowerment. By critically examining these trends, we gain valuable insights into the complex interplay between media, culture, and social change in contemporary society.

## References

- Ahluwalia, A. & Sinha, R., "Portrayal of women in Indian television commercials : An analysis", *Journal of Business and Retail Management Research*, 11(3), 2016, 84-91.
- Anjum, A., "Media's representation of women : A critical analysis", *Global Journal of Human-Social Science*, 15(2), 2015, 1-7.
- Aparna, K., "Representation of women in Indian media : A critical analysis", *Indian Journal of Applied Research*, 9(11), 2019, 1-3.
- Bhatnagar, S., "Gendered media: The influence of media on perceptions of gender roles in society", *Journal of Communication and Media Research*, 5(1), 2013, 1-9.
- Chakravarty, S., "Portrayal of women in Indian media", *International Journal of Applied Research*, 2(12), 2016, 69-72.
- Chakravarty, T., "A critical analysis of the portrayal of women in Indian media", *International Journal of Humanities and Social Science Research*, 6(1), 2016, 16-22.
- Gohain, M., "Women's representation in Indian media : A critical analysis", *International Journal of Advanced Research and Publications*, 1(7), 2017, 16-19.
- Gupta, A., "Women in Indian media : A critical analysis", *International Journal of Humanities and Social Science Invention*, 3(6), 2014, 27-34.
- Jain, S., "Representation of women in Indian media : A critical analysis", *International Journal of Scientific Research and Reviews*, 7(4), 2018, 91-100.19.
- Jayaram, S., "Women's portrayal in Indian media : An exploratory study", *Indian Journal of Gender Studies*, 19(2), 2012, 263-276.
- Jain, S. & Dhawan, N., "Women in media : a critical analysis of their portrayal in Indian media", *International Journal of Innovative Technology and Exploring Engineering (IJITEE)*, 8(9), 2019, 2616-2621.
- Joshi, A., "Women's representation in Indian media : A critical analysis", *Indian Journal of Applied Research*, 5(12), 2015, 1-3.
- Kaur, A. & Singh, P., "Portrayal of women in Indian television advertisements : A content analysis", *International Journal of Social Sciences and Humanities Research*, 5(3), 2017, 117-129.
- Kumar, A. & Srivastava, A., "Representation of women in Indian print advertisements : An empirical study", *International Journal of Management Studies and Research (IJMSR)*, 6(6), 2018, 54-62.
- Mazumdar, S., "Portrayal of women in Indian cinema : A content analysis", *International Journal of Humanities and Social Science Research*, 6(2), 2018, 23-30.
- Nair, A., "Women in Indian news media : A comparative analysis of print and electronic media", *Asian Journal of Communication*, 27(4), 2017, 393-411.

- Pareek, N. & Patil, S., "Representation of women in Indian media : A comparative study of print and electronic media", *International Journal of Research in Social Sciences*, 9(9), 2019, 12-21.
- Sharma, A., "The portrayal of women in Indian media : A critical analysis", *International Journal of Current Research and Review*, 9(10), 2017, 32-36.
- Singh, P. & Kaur, A., "Portrayal of women in Indian news media : A content analysis of leading newspapers, *Indian Journal of Applied Research*, 8(9), 2018, 16-19.
- Srivastava, R. & Gupta, A., "Women's portrayal in Indian media : A critical analysis", *Global Journal of Human Social Science*, 17(2), 2017, 11-17.

★